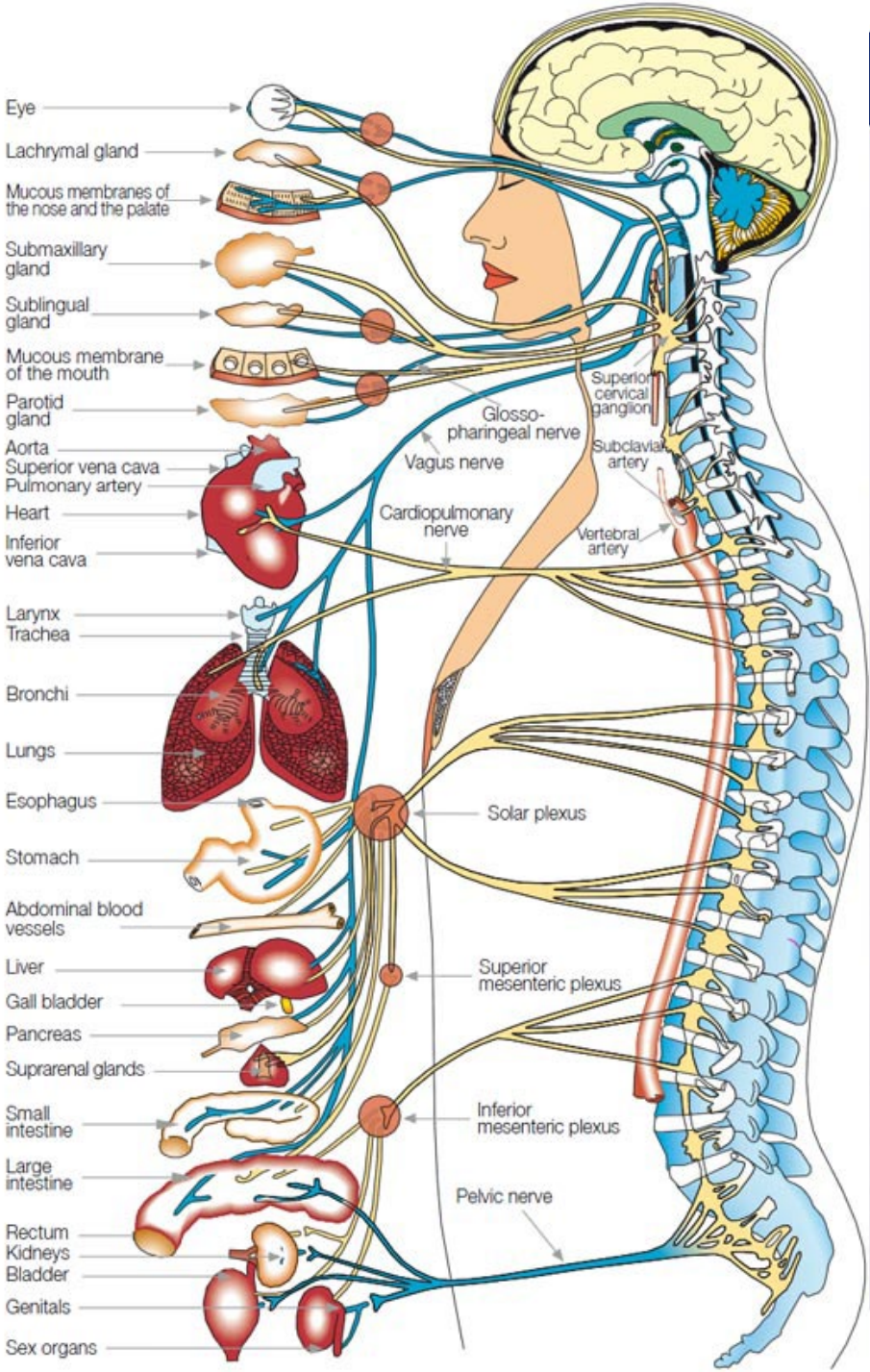
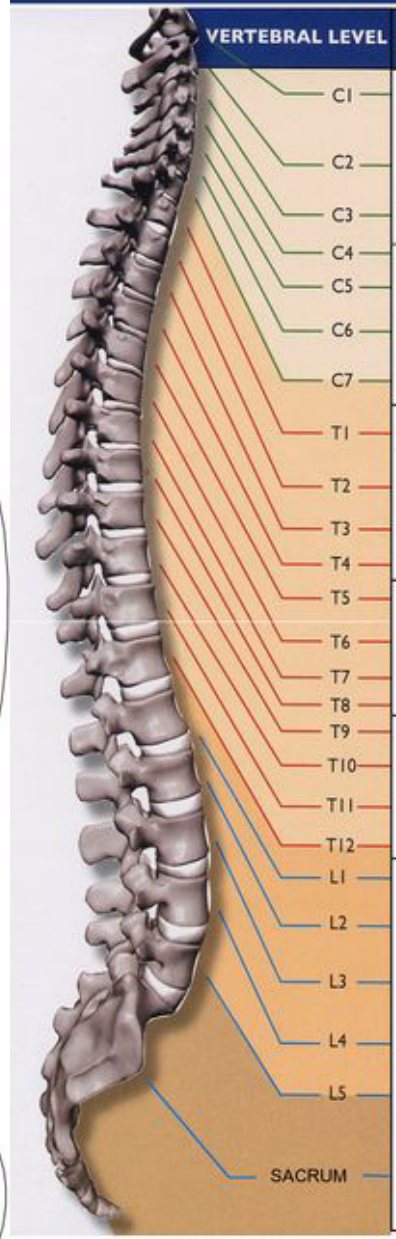
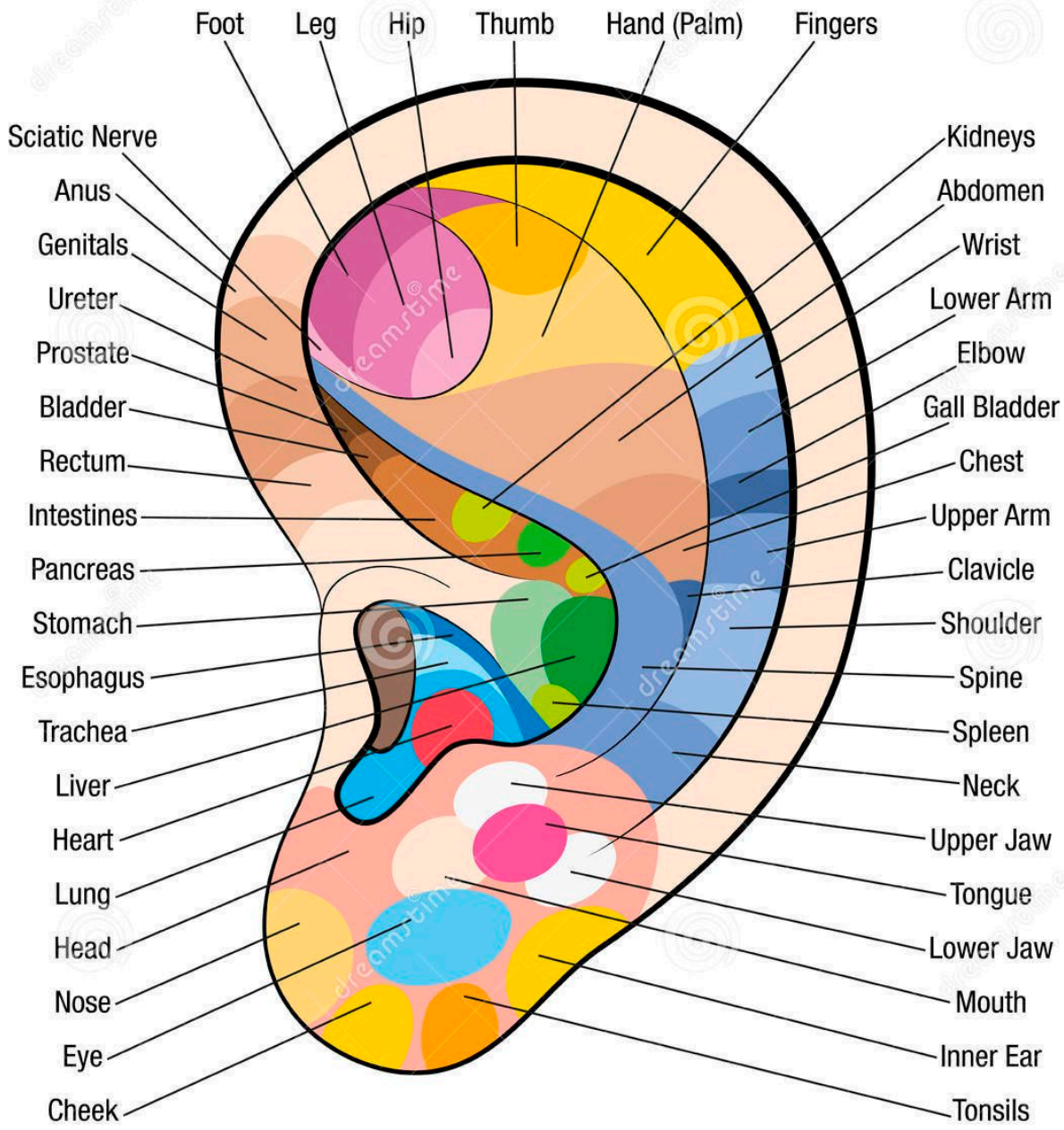


Spinal Nerve Function

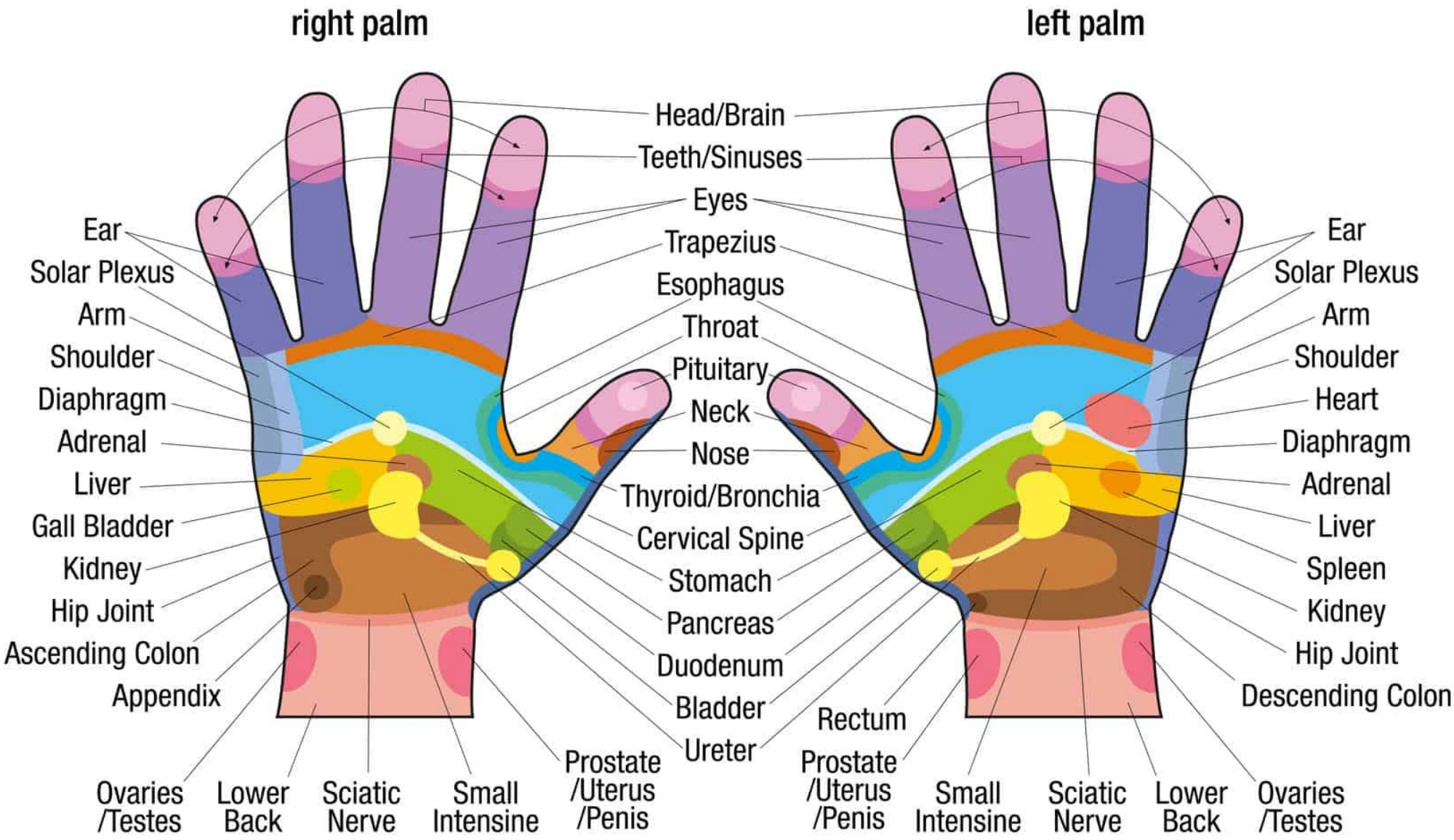
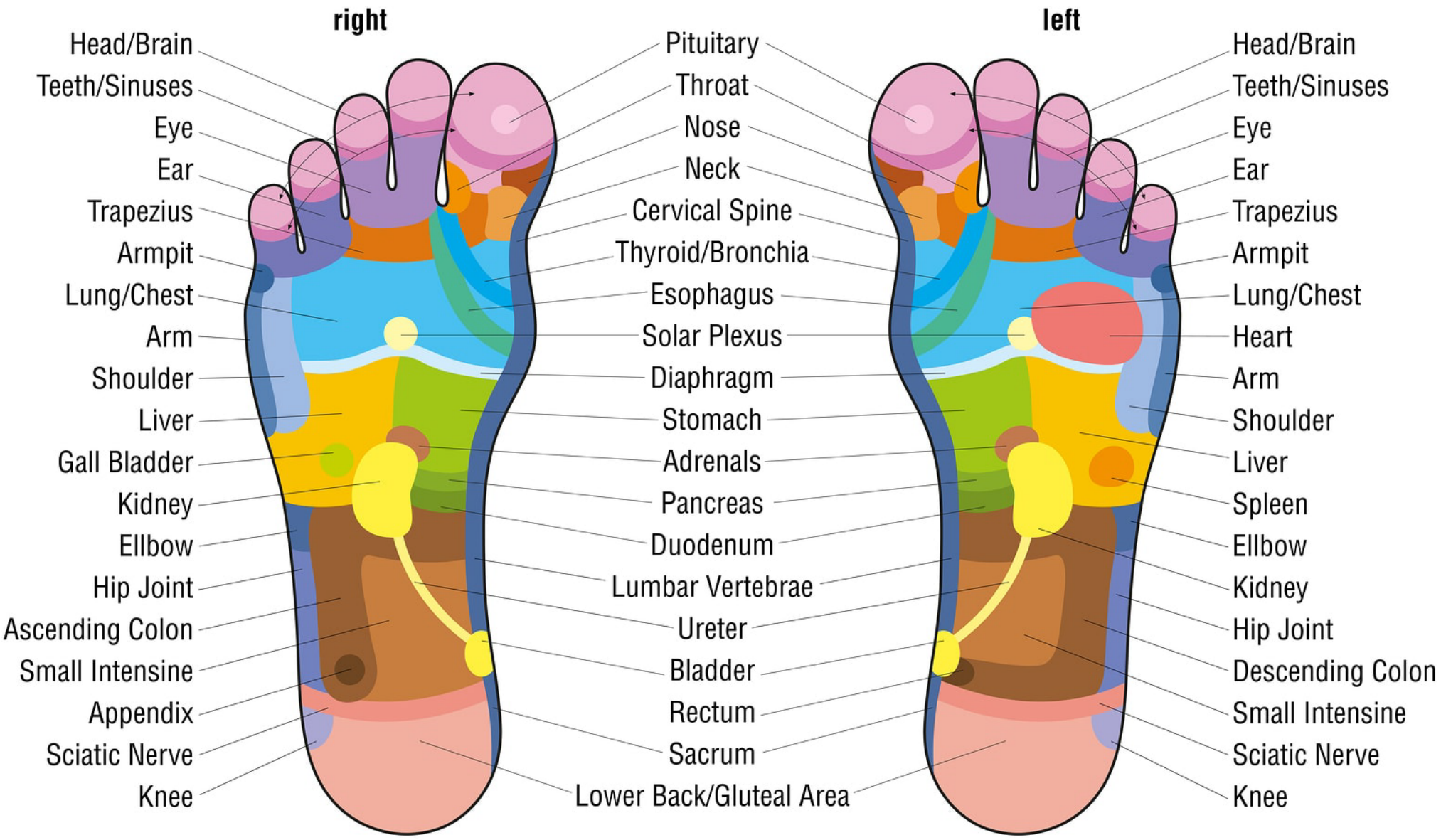


VERTEBRAL LEVEL	AREA OR ORGAN	POSSIBLE SYMPTOMS
C1 C2 C3 C4 C5 C6 C7	MASTER CONTROL FOR ENTIRE NERVOUS SYSTEM BRAIN • PITUITARY • FACE EARS • EYES • NOSE • HEAD • PARATHYROID DIAPHRAGM • NECK MUSCLES SCALP • SINUSES • TONGUE TEETH • JAW • THYROID	HEADACHES • MIGRAINES EARACHES • COLDS/FLU SORE THROAT • SINUSITIS FATIGUE • VERTIGO DIZZINESS • ANXIETY ALLERGIES • MEMORY LOSS VISUAL OR AUDITORY DISTURBANCES
	NECK MUSCLES • THYROID SINUSES • MOUTH VOCAL CORDS • TONSILS ARMS • ELBOWS • WRISTS HANDS • FINGERS PARATHYROID • ESOPHAGUS ACROSS SHOULDERS	WEIGHT GAIN • COLD INSOMNIA • FATIGUE COLDS/FLU • SINUSITIS HEADACHES • SORE THROAT VERTIGO • DIZZINESS ALLERGIES • REFLUX NUMBNESS • TINGLING
T1 T2 T3 T4 T5	HEART • LUNGS • THYMUS BRONCHIAL TUBES • TRACHEA CHEST • BREAST • PLEURA GALL BLADDER • ARMS ACROSS SHOULDERS UPPER BACK SHOULDER BLADES	HEART CONDITIONS • ASTHMA BRONCHITIS • INDIGESTION DIFFICULTY SWALLOWING NAUSEA • HEADACHES FATIGUE • PLEURISY CHRONIC COUGHING SHORTNESS OF BREATH BLOATING AFTER EATING
T6 T7 T8 T9	STOMACH • PANCREAS SPLEEN • LIVER DUODENUM PERITONEUM • MIDDLE BACK	GASTRITIS • ULCERS INDIGESTION • CRAVE SWEETS HEADACHES • FATIGUE FEELING TOXIC • RASHES CATCHES COLDS EASILY DIABETES • HYPOGLYCEMIA
T10 T11 T12	ADRENALS SMALL INTESTINE KIDNEYS MIDDLE LOWER BACK	STRESS • FATIGUE IRRITABLE BOWELS • HIVES ECZEMA • RASHES HIGH BLOOD PRESSURE GASSY • BLOATING WATER RETENTION
L1 L2 L3 L4 L5 SACRUM	LARGE INTESTINE SMALL INTESTINE ILEOCECAL VALVE APPENDIX • BLADDER OVARIES • UTERUS PROSTATE • TESTICLES REPRODUCTIVE ORGANS RECTUM • URETHRA LOW BACK • PELVIS BUTTOCKS • GROIN THIGHS • KNEES ANKLES • FEET • TOES SCIATIC NERVE	CONSTIPATION • DIARRHEA GASSY • BLOATING IRRITABLE BOWEL BLADDER INFECTIONS PAINFUL URINATION BED WETTING HEMMORHOIDS MENSTRUAL PROBLEMS PREMENSTRUAL SYNDROME IRREGULAR PERIODS MENOPAUSE INFERTILITY LOW SEX DRIVE NUMBNESS OR TINGLING YEAST INFECTIONS SCIATIC PAIN SPRAINED ANKLES

Ear Reflexology Chart



Hand Reflexology Chart



Foot Reflexology Chart